



ISD Virtual Learning

Psychology: Psychological Disorder Research Project

May 4, 2020



Psychology - Psychological Disorders Research Project

Lesson 31: May 4, 2020

Objective/Learning Target:

The student will be research a Psychological Disorder examining the history, causes, symptoms, and treatments for the disorder.

Psychological Disorder Research Project

This week, you are going to have the opportunity to learn more about a particular disorder of your choosing and create a PowerPoint or Google Slide presentation over it.

Each day's lesson will ask you to research specific aspects of the disorder that you have selected. There will be guiding questions aid you in your research. There will also be an example each day for you to follow along with for guidance.

Today's goal will be for you to select a disorder. There are literally hundreds of different disorders that you can choose from. On the next slide, you will see a list of potential choices. These are ones that have been identified as being some of the most prevalent disorders that affect high school students in this day and age. If none of them seem appealing to you, feel free to select something else.

You may have to do some preliminary research to help you decided on a topic if you have no idea what they are. If you have experience with any of these (yourself, family member, friend, etc.), you might want to use that help decide.

Disorder List - Choose 1 of the bulleted disorders

Psychotic Disorder – difficulty recognizing reality

- Schizophrenia

Mood Disorders – disturbances of emotions

- Depressive Disorder
- Bipolar Disorder
- Seasonal Affective Disorder (SAD)
- Disruptive Mood Dysregulation Disorder (DMDD)
- Oppositional Defiant Disorder (ODD)

Anxiety Disorder – unexplained feelings of apprehensions and tenseness

- Obsessive Compulsive Disorder (OCD)
- Post-Traumatic Stress Disorder (PTSD)
- Panic Disorder
- Generalized Anxiety Disorder (GAD)
- Agoraphobia
- Social Anxiety Disorder

Dissociative Disorder – person’s sense of self separates from the individual’s memories, thoughts or feelings

- Dissociative Identity Disorder

Somatoform Disorder – physical problems occur for psychological reasons.

- Hypochondriasis
- Conversion Disorder
- Somatization

Personality Disorder – unpleasant and peculiar personality patterns

- Antisocial Personality Disorder
- Borderline Personality Disorder (BPD)
- Conduct Disorder
- Reactive Attachment Disorder

Eating Disorder – patterns of unhealthy eating

- Anorexia Nervosa
- Bulimia Nervosa
- Binge-Eating Disorder
- Pica

Sleep Disorder – unpleasant and unhealthy sleep patterns

- Insomnia
- Hypersomnia
- Narcolepsy

Research Tips/Sources

You will need to have at least 3 different sources which will be listed on your project as a Works Cited slide. Because of this, it will be important for you to keep track of your information and where you got it from.

Please refrain from using Wikipedia as 1 of your different sources!

Examples of good resources:

[Crash Course Psychology](#) (videos)

[Khan Academy](#) (videos)

[Mayo Clinic](#) (hospital website; use search tool to find info)

[Very Well Mind: Mental Health A-Z](#) (page includes links to dozens of different disorders)

These are just a handful of the many great resources out there on disorders. Feel free to use ones not listed!

End of Project Day 1 - Looking Back & Looking Ahead

By now, you should have looked at some possible choices of different psychological disorders and now you know what you're going to research.

What did you select and why did you select it?

Tomorrow, we will begin the research portion by looking at the history of your disorder. There will be questions in that lesson that will guide you in what to look for in your research.